

Te Uru Amokura | Springboard Trust
Leading with Hauora Webinar | 14th March 2025

Presenter | Lisa Shaw – Radical HR

Clarity



WORKING WITH ME



Help others understand how they can work best with you.

A living document which explains

- how you work
- how to work brilliantly with you,
- what value you bring,
- your preferences,
- needs and motivations.

👉 Find out more about what they are, how to create one and get the framework of to uncover insights, prompt conversations, and build stronger and more supportive relationships.....Join us on our webinar to craft one

No more Death by Meeting



What is the purpose?

What is the outcome?

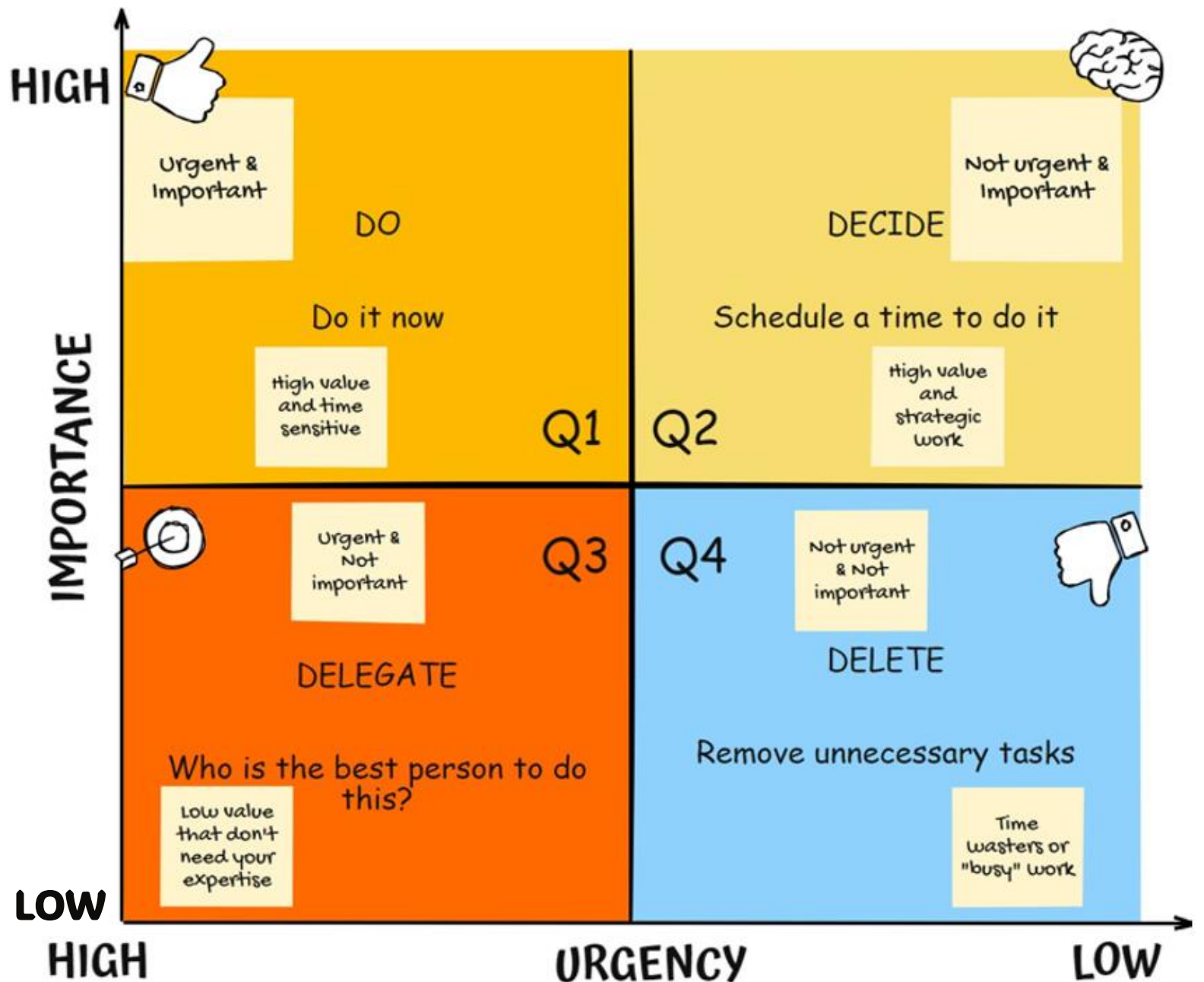
Who would you
reschedule it for?

How long does it need
to be?

Do you need to be in
it – at all? For the
whole time?

Change your settings
to default to 25 or 50
minutes.

Eisenhower's Matrix

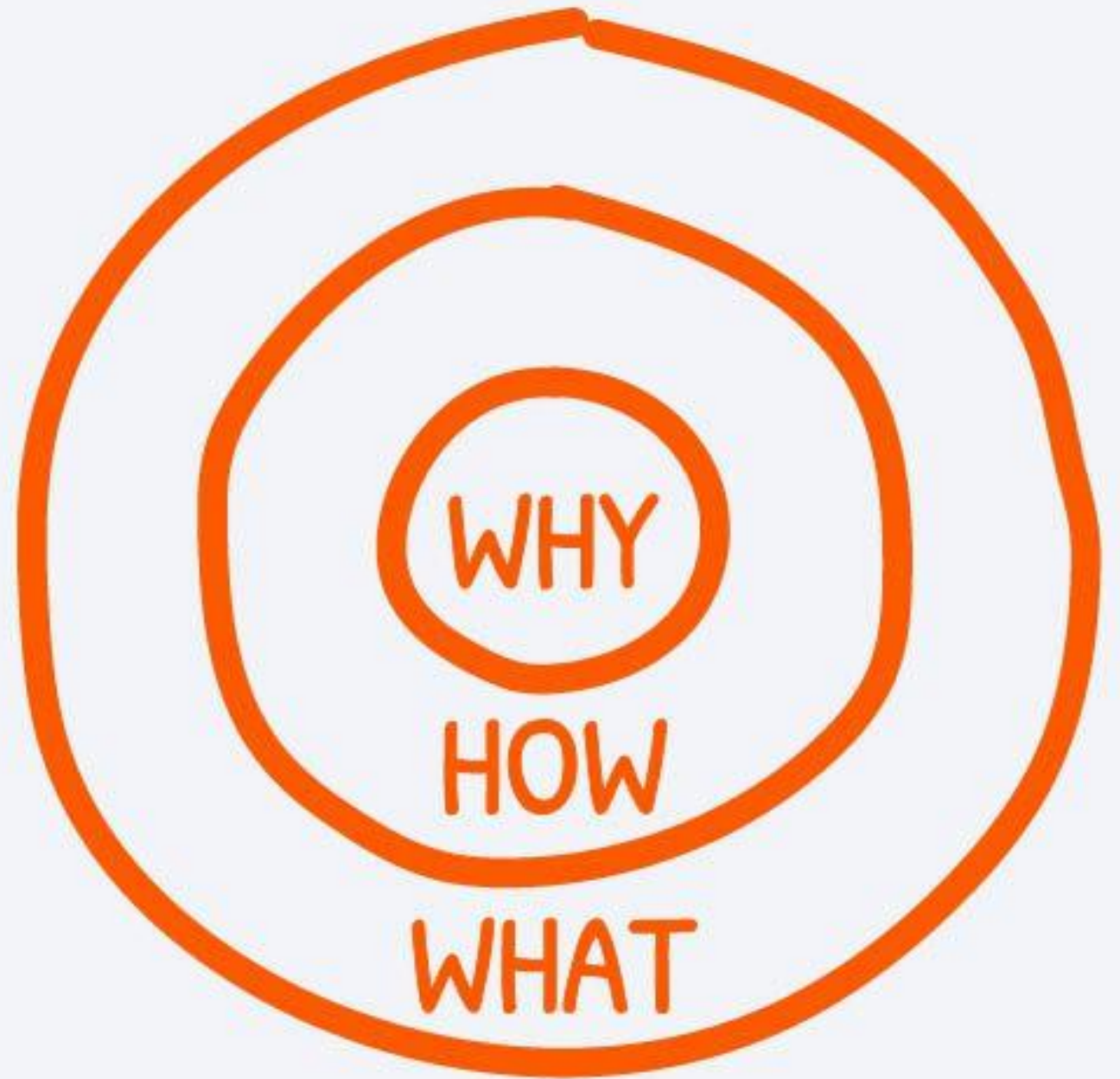


Explain the WHY.....

Simon Sinek's "Golden Circle"

Explain your "WHY", before explaining your "HOW" or "WHAT"

[The Golden Circle - Simon Sinek](#)



BOUNDARIES



**IF I CAN'T TRUST THAT YOUR ANSWER IS NO WHEN
IT NEEDS TO BE NO - I CAN'T TRUST YOUR YES.
IT'S MEANINGLESS.**

WHERE DO YOU DO YOUR BEST WORK?



Self Care

Create a list of some self care rituals that you can do in

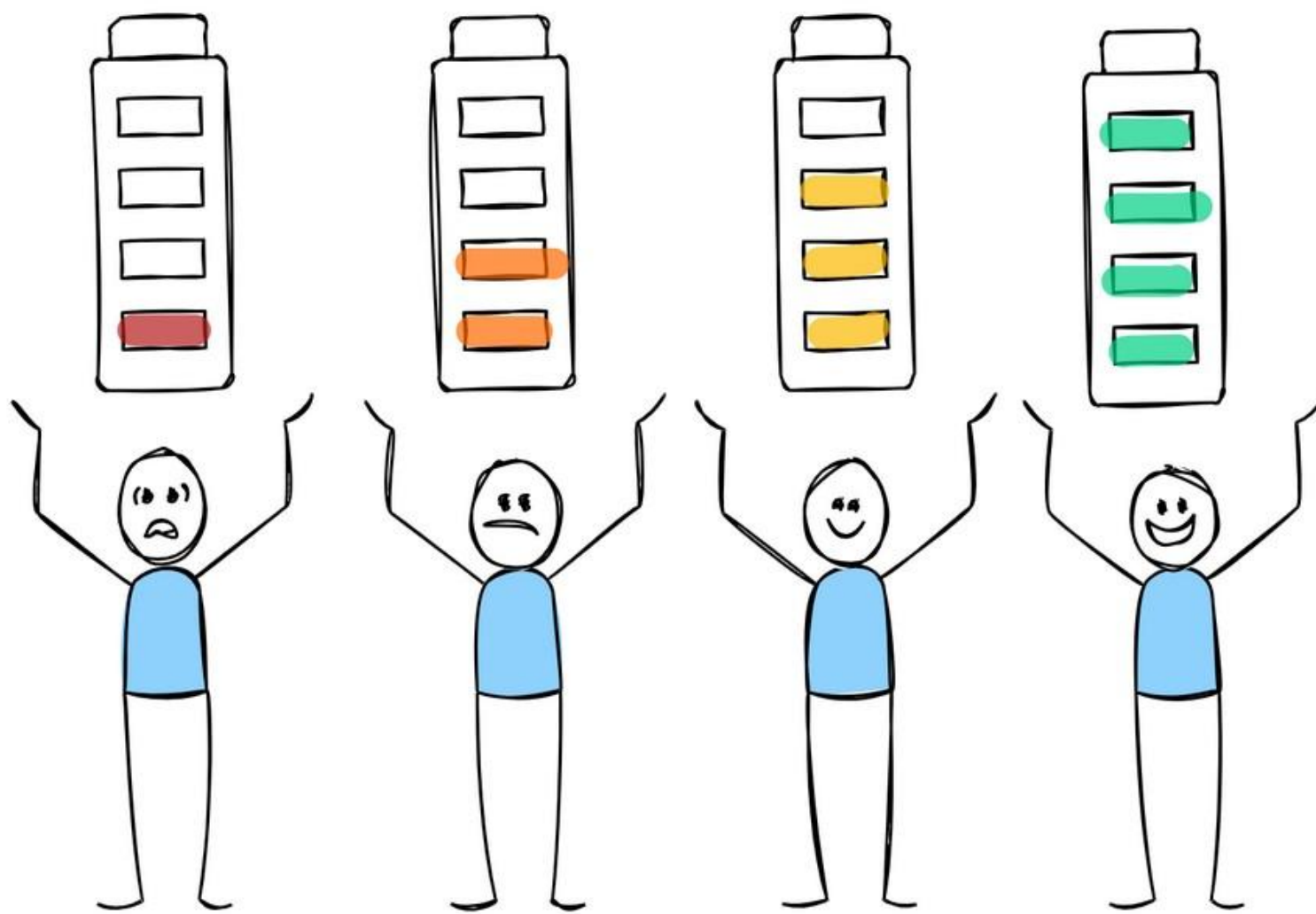
- 5 minutes
- 30 minutes
- 60 minutes

Keep this handy and when you need to take some time - all the thinking has been done for you! Just make it happen

👉 Lisa loves to be grounded by taking her shoes off and going for a walk outside and feeling the grass beneath her feet

Control your interruptability





Do you think about your energy levels when you plan your work?

Capability \neq Capacity

CREATED WITH  Lisa Shaw 2024

**Done
is
better
than
perfect**



A top-down view of a desk with a white notepad, two fountain pens, an inkwell, and a sprig of eucalyptus. The notepad is the central focus, with the pens and inkwell positioned above it. The eucalyptus sprig is on the right side of the frame. The background is a textured, light brown surface.

Leadership Agreement

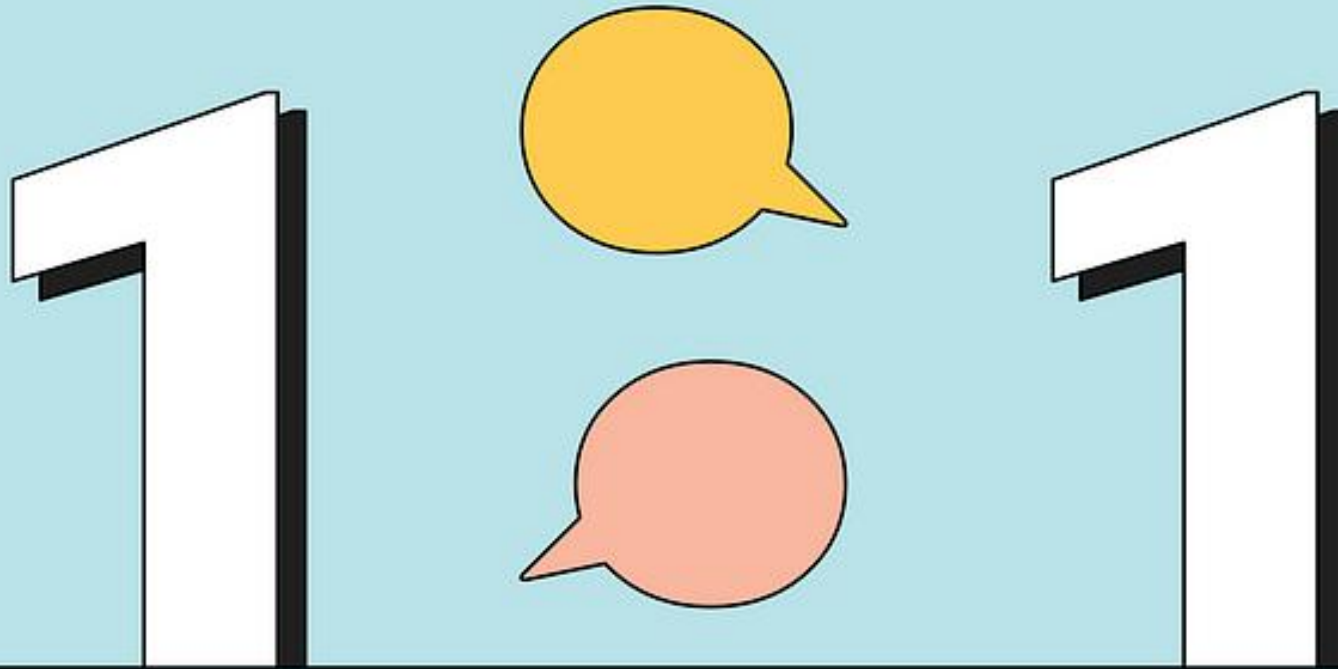
Boundary statements

Reset rules

Focus filters

A set of personal leadership principles or non-negotiables that guide how you want to lead

1on1 meetings



What's top of mind?

How's your team?

How are you feeling?

What roadblocks are in your way?

What's your biggest challenge and how can I help?

....And...what else????

Calendar as culture

What does your calendar say about...

Your values?

Your boundaries?

Your leadership clarity?



Want to know more and dive in deeper? Join us for a full day workshop



LEADING WITH HAUORA

LEADERSHIP IN A WORLD THAT
WON'T SLOW DOWN



WALK AWAY WITH...

- ✓ Leadership Hauora Practice Plan
- ✓ Working with me document
- ✓ Energy & time audit
- ✓ Leadership Agreement with yourself
- ✓ Much, much more!

[Find out more & book now](#)



radicalhr.nz

Re-imagining the future of extraordinary teams.

 Connect with me

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